LONDON SCHOOLS SKI RACE
18 JUNE 2022 (PRIMARY), 19 JUNE 2022 (SECONDARY)
GOSLING SKI CENTRE, WELWYN

Race Pack

London Schools Ski Race is back, after the Covid break. It is open to all schools in London and the surrounding area. Over the years, London Schools Ski Race has been the entry point for schools starting a ski team and we always welcome new schools.

Who can enter: Any school in the London and surrounding areas can enter. We do not require any previous competition experience, but must insist, for reasons of safety, that all competitors can use the lift and ski in control from the top of the slope. We reserve the right to refuse a racer for safety reasons. Team members must be from the same school.

Schedule:

LSSR Primary: 8.30 – 13.30 Saturday 18 June 2022

LSSR Secondary: 8.30 – 13.30 Sunday 19 June 2022

Single Slalom: Teams are of three or four racers. The fastest three times in each run are aggregated for the team time. For a team of three racers, all three racers' times in both runs will be aggregated. Teams can be any combination of male and female racers. Teams are of three or four racers. The fastest three times in each run are aggregated

Dual Slalom: Teams must be of four racers. The dual slalom is a knockout competition, with the start list drawn at random. At the end of each relay race, the winning team goes through to the next round.

Prizes: There are 1st, 2nd and 3rd medals for teams in all categories.

Training: Need some pre-race training? We offer pre-race training at Chatham (normally 9-11 Saturdays) and Welwyn (normally 10-12 Saturdays). More details at www.LSERSA.org/LSSR

How to enter: Complete and return the entry form(s) by 13 May 2022. We will need racer details by 27 May 2022.

Equipment: If equipment needed please return by the end of March. Please scan and email theform to schools@ersa.co.uk

Payment: The race entry fee is £46 per team. Payment should be made by bank transfer to LSERSA, Lloyds, Sort code 30-96-26 Account number 16194560 with your school name as reference.

Officials: The London Schools Ski Race is run entirely by volunteers. We ask each school to provide one volunteer official per team entered. No previous experience is necessary. We will provide briefing.

With thanks to our sponsors:	SKIB Racing www.skibartlett.com	HEMEL Ski Race Club	Welwyn Garden City Ski Race Club

Rules: The race will be run under FIS rules modified by LSERSA, which are in summary:

The Single Slalom race will consist of 2 timed runs through a slalom course.

Teams will consist of a minimum of 3 and a maximum of 4 skiers. On each run, the fastest 3 times will count toward the team score.

The Dual Slalom race will consist of two parallel slalom courses, with teams of four racers skiing in relay.

Teams can be any combination of male and female racers.

Competitors may be part of a team in an older age group, if this makes it easier to form a team.

All competitors will be allowed to inspect the course before the race. For safety reasons, racers must not ski the course during inspection.

All competitors must be able to use the lift and ski in at least a controlled snowplough and perform linked turns from the top of the slope. The organisers reserve the right to refuse to allow racers to ski the course if they are not safe to do so.

All competitors must wear helmets, gloves, long sleeves and trousers.

Under SE safety rules, competitors must either use the slope's ski sticks, or ensure that their own ones have tip protectors.

Age groups are Y2-4, Y5-6, Y7-8, Y9-11, Y12-13

Teams can be of mixed ages but the oldest racer determines the year group for the team.

Years 2-6 will ski through a stubbies pole course and all older racers will ski through full poles.

Venue: Gosling Ski Centre, Stanborough Road, Welwyn Garden City, Herts AL8 6XE

Parking: There is ample Pay & Display parking available on site.

Catering: Catering will be available on the day. There will be a tea /coffee/soft drinks and cake stall, as well as a BBQ selling hot food. You are also welcome to bring a picnic if you prefer.

Equipment: Limited amounts of equipment are available to hire from Gosling Ski Centre. However, equipment must be requested in advance of the race. Only pre-booked equipment will be available on the day.

LSSR Contacts:

Race Director: Dominic McGonigal, dominic.mcgonigal@c8associates.com 07766 397807

Race Secretary: Holly Stevens, hollybell.stevens@gmail.com 07976 154060

Equipment Hire: Denise

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Entry Form

Team Manager / Organiser	
Phone	
Email	
School	
Address	
Postcode	

Racer Details

TEAM A	Year group (circle one)	Y2-4	Y5-6	Y7-8	Y9-11	Y12-13
	Competitor name		M / F	Date of Birth	School Year	Photo Consent
1						
2						
3						
4*						

* Optional

TEAM B	Year group (circle one)	Y2-4	Y5-6	Y7-8	Y9-11	Y12-13
	Competitor name		M / F	Date of Birth	School Year	Photo Consent
1						
2						
3						
4*						

* Optional

TEAM C	Year group (circle one)	Y2-4	Y5-6	Y7-8	Y9-11	Y12-13
	Competitor name		M / F	Date of Birth	School Year	Photo Consent
1						
2						
3						
4*						

* Optional

Teams can be three or four racers in any combination of genders. The fastest three times in each run are aggregated for the team time.

The Year Group category is determined by the age/school year of the oldest racer. Racers may race 'up' in an older Year Group.

Team entry by 13 May. Racer details by 27 May. Please use additional forms for additional teams.

The race entry fee for each team is £46.

- I am entering ……. teams x £46 = £…….
- I confirm payment has been made by bank transfer to LSERSA, Lloyds, Sort code 30-96-26 Account number 16194560 with your school name as reference.